# **David's Tips to Conquer College** for Students with Learning Differences

by David Petrovic (cum laude college grad with autism & Tourette's)

- Your differences are part of **who you are** as a unique individual!
- Struggles make you stronger!
- Learn from your daily experiences and *adjust*!
- Try...and grow!
- Remember your strengths and what you do well!

## **Preparing for College**

- Start to advocate for your needs in high school: don't be ashamed!
- Choose a school that will support your academic needs
- Take a study skills class to learn techniques and increase confidence
- Consider a transition year living at home to adjust to academics before moving on campus

# **College Life**

• Utilize and embrace the accommodations, resources, and services immediately

#### • Don't be embarrassed!

- Get organized!
  - Use a written or electronic planner
  - o If overwhelmed: write out a schedule and then FOLLOW it!
- Ask for help!
  - It is not a sign of weakness...it's *smart*!
  - Be the best "you" possible!

## David's Special Advice:

- Don't use your difference as an excuse or crutch to get out of work!
  - Come up with a plan to work around your challenges
  - Communicate these needs to the people who can make them happen
- Don't shut out your parents and/or family just because you are "18" and "in college"!
- BALANCE between work and play is the KEY!

To learn more about college preparation and transitioning, consider reading my book:

#### Expect a Miracle: Understanding and Living with Autism

This book includes other young adult topics, including acclimating to the working world See our website and blog: <u>www.aspergermiracles.com</u> Facebook: https://www.facebook.com/d.s.petro/ ©Sandy and David Petrovic 2020